

## Spondyloarthritis Medications Overview

Tell your doctor about all your prescription and over-the-counter medications, vitamins, minerals, herbal products, and drugs prescribed by other doctors. Do not start or stop a medication without telling your doctor. This list is not intended to be exhaustive and is intended only to be used as a general guide.

### NSAID Therapy

Trade Name	Generic or Brand Name	Pill Dose & Frequency	Long Acting Formulation Dose & Frequency	Usual Dose for AS	Maximum Daily Dose	Prescription required?
Indocin	Indomethacin	25,50mg 3-4x/day	75mg ER 2x/day	75mg ER 2x/day	150-200mg	Yes
Naprosyn	Naproxen	250-500mg 2x/day	NA	500mg 2x/day	1000mg	Yes
Aleve	Naproxen	220mg 2x/day	NA	440mg 2x/day	880mg	No
Voltaren	Diclofenac	25,50mg 2-4x/day	100mg ER 1-2x/day 75mg DR 2x/day	75mg DR 2x/day	200mg	Yes
Clinoril	Sulindac	150,200mg 1-2x/day	NA	200mg 1x/day	200-400mg	Yes
Feldene	Piroxicam	10,20mg 1x/day	NA	20mg 1x/day	20mg	Yes
Lodine	Etodolac	200,300,400,500mg 2x/day	400,500,600mg ER 1-2x/day	400mg ER 2x/day	1000mg	Yes
Mobic	Meloxicam	7.5,15mg 1-2x/day	NA	15mg 1x/day		Yes
Celebrex	Celecoxib	100,200mg 200mg 1-2x/day	NA	200mg 2x/day	400mg	Yes
Motrin, Advil	Ibuprofen	400,600,800mg 3-4x/day	NA	600-800mg 3x/day	3200mg	No
Relafen	Nabumetone	500,750mg 1x/day	NA	1000-2000mg/day	1000-2000mg	Yes

*Second-Line Therapy (used for progressive disease - note that all these medications require a prescription)*

Trade Name	Generic or Brand Name	Dose	Frequency	Total Dose (Range)	Route of Administration
Azulfidine	Sulfasalazine	500-1000 mg	2-3 times/day	2000-4000 mg/day	Oral
Imuran	Azathioprine	50-100 mg	1-2 times/day	50-200 mg/day	Oral
Rheumatrex, Trexall	Methotrexate	7.5-20 mg	1 time/week	7.5-20 mg/week	Oral or injectable
Enbrel	Etanercept	25-50 mg	1-2 times/week	50 mg/week	Subcutaneous injection
Remicade	Infliximab	3-6 mg/kg	Given at variable intervals	NA	Intravenous
Humira	Adalimumab	40 mg	2-4 times/month	NA	Subcutaneous injection
Simponi	Golimumab	50 mg	1 time/month	NA	Subcutaneous injection

**Note: Newly introduced drugs may not be included in this listing**